**Tools and Practices to Engage in Between Weekend One and Two**

**ORIGINATING CIRCLE DISPLAY**

**This is tool. A tool to explore the living of your life. Inquire with others how you might like to use this display to support what you are interested in and up to in your participation in the Wisdom Unlimited Course.**

Make a display of all the people in your Originating Circle: the people with whom you have regular interactions; either conversations or exchanges of goods and services. Group these people in the way **you see** that they go together. Include the names and pictures of these people on your display. Show how these groups of people are related (if they are) to each other. Also include how individuals from different groups are related (if they are) to each other. Include anything else in your display that might be useful to you.

**AUTOBIOGRAPHY**

**This is another tool. A tool to explore your development as a human being in language, and your social growth and development. Inquire with others how you might like to use this tool to support what you are interested in and up to in your participation in the Wisdom Unlimited Course.**

Get a notebook with a page for each year of your life. List or otherwise represent the people in your Originating Circle for each year. Include a photograph or a representation of you for each year. Note any significant events in the year that they occurred.

Between now and the next weekend, as you go through each day, notice the representational, immediate, and structural conversations that you are having. Write these conversations on Post-It notes. Place the Post-It notes in your Autobiography in the years that corresponds to the developmental age of the conversation.

Put the incidents that constructed your three Strong Suits into your autobiography.

Note: Strong Suits are explained on the next page.

**SOCIAL EVENTS**

We recommend that once a week, you attend a practice event, or a social event with other Wisdom participants, Wisdom graduates, or anyone else you might like to have attend. Or a Special Evening about the Landmark Forum.

**COMMUNITY SUNDAY**

Invite the people in your Originating Circle to be at the next Wisdom Community

Sunday.

**COURSE EXPERIMENT**

Between now and the next Wisdom Course weekend, show your Originating Circle display to all the people in your Originating Circle, and ask them which of the other people on the display they know and how they are related. Then tell them about the other people in your Originating Circle

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**Strong Suits**

Your Strong Suits are a fixed way of being that you rely on to make it in life. There are incidents that have occurred in your life that generated your Strong Suits. In each of these incidents, you failed to be “X,” and you compensated by becoming “Y.”

There are 3 Strong Suits:

Early in life, you were going along fine. Then something happened and you knew something was wrong.

Around your teenage years, when it was incredibly important for you to fit in, something happened, and you experienced a break in belonging.

In early adulthood, something happened, and you came upon the realization that you were on your own.

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