LOVE LETTERS presents in fresh, honest, powerful language the classic human "coming of age experience," often understood as the journey from the periphery to the spiritual center and the return to service. Sarah's poems, often enigmatic, but always offered with a mix of generous vulnerability and fearless freedom, beckon the reader's further reflection upon the universal human experience. For me, an added bonus was the methodology of guided reflection Sarah presents that supports both the process of one's "making a poem one's own," and also invites each of us to use poetry as a focus for mindful meditation.

—Marilyn R. Crocker, Ed D Educational and Organizational Development Consultant

Sarah Buss takes us to the inner recesses of our longings, fears, discoveries, wishes, loves, losses and finds a center. It is not a still center, rather it is one around which the ballerina dances with fine balance. Realizing that we are eternally here, there and everywhere, she offers a way of living beyond restraint in the banquet that is life.

—Herman Greene.

President of the Center for Ecozoic Societies

As you begin Love Letters to a Mirage in the Desert, prepare to journey with poet Sarah Buss into your own meditative spaces. We all read or see things that move us deeply, yet too often their profound message remains hidden. Sarah's poems not only provoke personal experiences, her

reflective tools allow the reader to explore their layers of meaning.

—LiDoña Wagner
Author, PILGRIMAGE
Wonder Encounter Witness



Author Sarah H. Buss
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LOVE LETTERS TOA MIRAGE IN THE DESERT

From Here to Eternity

Savah H. Buss