

Peace Leadership Workshop Curriculum

Course Topics and Objectives

I. The Foundation and Skills of Peace Leadership

Objectives:

- 1. Learn what leadership is and how it can be practiced as an art and science.
- 2. Learn what makes peace leadership unique, and why it is essential in the twenty-first century.
- 3. Learn how peace leadership is an act of service.
- 4. Learn the three methods of conveying respect.
- 5. Learn how to calm people down.
- 6. Learn the three elements that create a calm tone of voice.
- 7. Learn how to deal with disrespectful people in our personal lives and when waging peace (e.g., during public talks, protests, etc.).

II. The Strategy of Waging Peace and the Skills of Persuasion

Objectives:

- 1. Learn how systems of oppression are built upon simple myths.
- 2. Learn the history of nonviolence from a strategic perspective.
- 3. Learn the fundamental differences between waging war and waging peace, and the strategic advantages that waging peace has over violence.
- 4. Learn the secrets of how propaganda works, why it is so effective, and how to combat the deception of various propaganda systems especially the war-system.
- 5. Learn how to go beyond preaching to the choir.
- 6. Learn how worldviews work, and how much we have in common despite our different worldviews.
- 7. Learn how to utilize listening and respect as persuasive techniques.
- 8. Learn how to dialogue with people who have opposing viewpoints in a way that does not alienate them.
- 9. (Role-playing) Learn the tools of persuasion.
- 10. Learn the five steps of persuasion.
- 11. Learn how to tie a new idea to an existing worldview.
- 12. Learn the three universal ideals that can make us more effective when discussing controversial issues.



III. Public Speaking and the Art of Listening

Objectives:

- 1. Public Speaking: Learn why public speaking is essential for peace leadership, and how public speaking for peace and justice differs from other forms of public speaking.
- 2. Learn the skills necessary for effective public speaking, and how to practice these skills in our daily lives.
- 3. Learn how listening requires empathy, and how to become a better listener.

IV. Conflict Resolution, Deflection, and Violence

Objectives:

- 1. Learn why every conflict is an opportunity to arrive at greater understanding, and how to speak in a way that deescalates conflict.
- 2. Learn about deflection a form of defense that exists between violence and waging peace.
- 3. Learn when deflection should be used, and how it can be used in life-and-death situations.
- 4. Learn about the anatomy of violence in posturing situations, self-defense scenarios, and group dynamics (e.g., a fight breaking out between two people among a group).
- 5. Learn about how psychological wounds and trauma can lead to bullying and violence.
- 6. Learn the warning signs of violence.
- 7. (Role-playing) Learn how to resolve personal and workplace conflict.
- 8. Learn how to communicate in a way that is less likely to make people become defensive.
- 9. Learn how to create an atmosphere of respect in a workplace or social movement.

V. Tactical and Strategic Thinking

Objectives:

- 1. Learn the difference between Tactics, Strategy, and Grand Strategy.
- 2. Learn about the three forms of democratic pressure (e.g., political, economic, and judicial) and how they allow social movements to apply the kind of pressure that leads to positive change.
- 3. Learn why realistic hope is so essential not only in life, but also in a social movement.
- 4. Learn how to build more realistic hope in our everyday lives, and how to communicate this hope with others.
- 5. Learn how cynicism, despair, and hopelessness make it more likely that people will resort to violence.

Tactical and Strategic Thinking Objectives Continued

- 6. Learn how to frame a talk, action, or protest around hope (e.g., the importance of perspective, respect, and empathy).
- 7. Learn how to develop a strategically sound tactic (e.g., framing, appearance, etc.)
- 8. Learn how to avoid pitfalls that make a tactic likely to alienate people.
- 9. Learn how appearances can hurt or help a movement.
- 10. Learn the Techniques of Rehumanization.

VI. The Force of Law

Objectives:

- 1. Learn about the difference between social norms, laws, and "outsmarting violence."
- 2. Learn about the effectiveness of "legal pressure."
- 3. Learn about the significance of the Nuremberg Principles.
- 4. Learn about the significance of the U.N. Charter.
- 5. Learn about the significance of international criminal law as a deterrent to illegally initiated wars.
- 6. Learn about the crucial role that law played in the civil rights movement.
- 7. Learn about the current state of national and international law as it pertains to war.
- 8. Learn how nonviolence and legal pressure can work together to create positive change.

VII. Nuclear Weapons and the Human Future

Objectives:

- 1. Learn about the greatest challenges confronting humanity in the 21st century.
- 2. Learn why the atomic bombs were dropped in Japan, and the surprising military perspective.
- 3. Learn about the flaws of "deterrence theory."
- 4. Learn about nuclear famine.
- 5. Learn the importance of earth stewardship: our responsibility to future generations.
- 6. Learn the importance of perseverance.



Course Readings

Required Readings:

- Chappell, P. K. (in press). *The Art of Waging Peace*. Westport, CT: Easton Studio Press (chapters entitled: "West Point and World Peace", "The Master of Deception", and "The Sword of Truth").
- Chappell, P. K. (2012). *Peaceful Revolution: How We Can Create the Future Needed for Humanity's Survival*. Westport, CT: Easton Studio Press.
- Chenoweth, E., & Stephan, M. J. (2011). "The First Palestinian Intifada" in *Why Civil Resistance Works: The Strategic Logic of Nonviolent Conflict.* New York: Columbia University.
- Douglass, F. (1892; 1992) "Why I Became a Woman's Rights Man" in *The Life and Times of Frederick Douglass*. Mineola, NY: Dover.
- Ferencz, Benjamin B. "A New Approach to Deterring Illegal Wars." (2011) from http://www.benferencz.org/index.php?id=4&article=106
- Ferencz, Benjamin B. "What of Military Aggression?" (2010) from http://globalbrief.ca/blog/2010/10/13/what-of-military-aggression-in-the-21st-century/
- King, M. L. K. Jr. (1967). *Beyond Vietnam*. Recovered 26 November 2012 from <u>http://www.informationclearinghouse.info/article2564.htm</u>
- Maathai, W. (2004). *Nobel Peace Prize Acceptance Speech*. Retrieved 26 November 2012 from <u>http://www.nobelprize.org/nobel_prizes/peace/laureates/2004/maathai-lecture-text.html</u>

Seneca, L. (1969). "On Friendship" in Letters from a Stoic. New York: Penguin.

Optional Readings:

Chappell, P. K. (2011). *Will War Ever End? A Soldier's Vision of Peace for the 21st Century.* Westport, CT: Easton Studio Press.

Chappell, P. K. (2010). *The End of War: How Waging Peace Can Save Humanity, Our Planet and Our Future*. Westport, CT: Easton Studio Press.