

The Seasons of Life

	I – 0-20 Youth	II – 20-40 Rising Adult	III – 40-60 Established Adult	IV – 60-80 Elder	V – 80-100 Sage
Qualities	Wonder-filled Dreamer	Risk-filled Innovator	Power-filled Regulator	Integrity-filled Mentor	Wonder-filled Wisdom-keeper
Role	Life Apprentice	Social Architect	Social Guardian	Life Exemplar	Spiritual Eldering
Task	Dramatize Life's Possibilities	Establish Social Identify	Administer Life's Structures	Deepen Contemplative Abilities	Story Life's Experiences
Relationship to Other Seasons	Injects Vitality of Play	Injects Passion of Adventure	Injects Stability of Preservation	Injects Motivation of Learnings	Injects Vulnerability of Endings